

WINDAROO STATE SCHOOL

FRESH, HEALTHY, SMART MENU 2017



BREAKFAST

Pikelets – Butter and/or Jam	\$1.00
Raisin Toast	1.00
Hot Cheese and Bacon Roll	2.50
Plain Milk	1.50
Poptop milk 250ml low fat	2.00
(chocolate, strawberry, banana)	
Chocolate FM 300ml	2.50
Bottled Water	1.50
Poptop Juice	2.00
(apple, orange, blackcurrant)	
Apple slinky	1.50
-with own apple	0.20



MORNING TEA

Finger Bun	\$1.50
Crackers with vegemite	0.20
Pikelets- Butter and/or Jam	1.00
Cupcakes	2.00
Slices	2.00
Choc chip Biscuit	2.00
Custard Cup	2.00
Jelly Cup	1.50
Trifle	3.00
Fruit Salad	
- Small	2.00
- Large	4.00
Healthy Snack Pack	2.50
(crackers, cheese, marshmallows, sultanas, dried apricots)	
Assorted sandwiches	4.50-6.00
Seasonal fruit	1.50
Apple slinky	1.50
- own apple	0.20

MORNING TEA (cont'd)

½ Wraps (no variations) (chicken, ham or salad)	\$3.00
Hot cheese and bacon roll	2.00
Corn cob	1.50
Sausage roll	3.00
Small pie	2.50
Small potato pie	2.50
Large pie	3.50
Garlic bread	2.50
Chicken wedges (2)	2.00
Potato gems (6)	1.00
Cheese melts	1.50
½ Ham, cheese, mayo toasted wrap (no variations)	2.50
Tomato, BBQ sauce	0.30



DRINKS

Available Breakfast, M/Tea & Lunch

Plain milk	\$1.50
Poptop milk 250ml low fat	2.00
(chocolate, strawberry, banana)	
Chocolate FM 300ml	2.50
Bottled Water	1.50
Poptop juice	2.00
(apple, orange, blackcurrant)	
Orchy 500ml juice	3.50
(orange or pineapple)	

Available Lunch only

Playwater	\$2.00
(lemonade, fruit tingle or blackcurrant)	
LOL	2.00
(blackcurrant, tropical or raspberry)	

LUNCH

SANDWICHES AND ROLLS

Please note we use Multigrain bread unless white is requested. We do not use butter unless it is requested.

Honey, vegemite or jam	\$2.50
Baked beans	3.00
Cheese	3.00
Salad	5.00
Egg	3.50
Egg and lettuce	4.00
Chicken, ham or tuna	4.00
Meat and salad	6.00
SALAD includes lettuce, tomato, cucumber, carrot and beetroot	
Salad box –small	4.00
-large	6.00
(includes cheese, egg and mayo)	
- meat extra	1.50
Tray assorted sandwiches	6.00
TOASTED extra	0.80
ROLLS extra	0.80
½ Wraps (<i>no variations</i>)	3.00
(chicken, ham or tuna + lettuce, tomato, cheese and mayo)	
½ Salad wraps	3.00
Hot cheese and bacon roll	2.50
Corn cob	1.50
Sausage roll	3.00
Small pie	2.50
Small potato pie	2.50
Large pie	3.50
Garlic bread	2.50
Hot dog	4.00
(mustard, tomato or BBQ sauce)	
CHEESE extra	0.80
Lasagne	4.00
Chicken Burger	4.50
(fresh roll with 2 Yummie Drummies, lettuce and mayo)	

LUNCH (cont'd)

Pizza	\$3.50
(cheese and bacon OR meatlovers)	
Chicken nuggets (5)	4.00
Chicken wedges (2)	2.00
Chicken Dinosaurs (2)	2.00
Potato gems (6)	1.00
Cheese melts	1.50
½ Ham, cheese, mayo toasted wrap (<i>no variations</i>)	2.50
Hamburger	6.00
Cheeseburger	4.00
Tomato, BBQ sauce	0.30



ICEBLOCKS

Zooper Dooper	\$0.50
Paddle Pop	1.50
(chocolate, rainbow, banana)	
Lemonade icy twist	1.50
Frozen yoghurt	2.50
(strawberry or mango)	
Mini callipo	1.50
(lemon or raspberry)	
Frozen jelly stick	0.30
Frozen fruit bomb	0.50
Frozen juice cup	1.00



CHIPS

JJ Chips	\$1.50
(Pizza or chicken)	
Jumpy's	1.50
(BBQ, chicken or salt & vinegar)	