

Caring & Learning Together

Windaroo State School

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DATES FOR YOUR DIARY

Day	Date	School Event
WEEK 8		
M-F	21-25 Nov	Year 4 Swimming
WEEK 9		
M-F	28-4 Dec	Year 4 Swimming
Mon	28-Nov	No Assembly
Tues	29-Nov	Volunteers Morning Tea
Tues	29-Nov	SUBWAY Lunch
WEEK 10		
Mon	5-Dec	Yr 6 into Yr 7 Orientation WVSHS
Mon	5-Dec	Year 6 Graduation
Tues	6-Dec	Windaroo Idol
Wed	7-Dec	Report Cards EMAILED
Thurs	8-Dec	Science FIZZICS Show: Prep- Yr 5
Thurs	8-Dec	Yr 6 Bowling
Fri	9-Dec	Last Day Term 4

FROM THE PRINCIPAL

School Opinion Survey

I have received a summation of our School Opinion Survey for this year. It was very pleasing to note that we achieved even better results than last year. In quite a few areas we even achieved 100% agreement. Here are just a few areas we excelled in:

Student Survey: (all above state average)

- I feel safe at my school.
- My teachers motivate me to learn.
- Teachers at my school treat students fairly.
- Student behaviour is well managed at my school.
- My school gives me opportunities to do interesting things.
- I am getting a good education at my school.
- My English skills are being developed at my school.
- My Maths skills are being developed at my school.
- My teachers challenge me to think.
- My teachers care about me.

- My school encourages me to be a good community member.
- I would recommend my school to others.

Parent Survey: (all above state average)

- Teachers at this school expect my child to do his or her best.
- Teachers at this school provide my child with useful feedback about his or her school work.
- Teachers at this school treat students fairly.
- This school takes parents opinions seriously.
- This school looks for ways to improve.
- This school is well maintained.
- My child is getting a good education at this school.
- Teachers at this school are interested in my child's well being.
- Staff at this school are approachable.
- Staff at this school are responsive to my enquiries.
- This school keeps me well informed.
- This school is environmentally firendly.
- This school has a strong sense of community.
- This is a good school.

Staff Survey: (all above state average)

- I feel that this school is a safe place in which to work.
- The facilities in this school are well maintained.
- This school has good workplace health and safety practices.
- Staff and community relations in this school are good.
- Staff and students respect each other in this school.
- This school is a well-organised place in which to work.
- I am kept well informed on things that ate important to my work.
- There is a good team spirit among the staff at this school.
- The staff in this school are enthusiastic about their work.
- The staff in this school put a lot of energy into their work.
- I have access to the resources I need to do my job well.
- This school gives me opportunities to improve my skills.
- In this school, information and communication technology devices are well-maintained.
- I feel that my work efforts are worthwhile.

My congratulations to all staff, students and parents for your hard work and support in making this a wonderful school.

Windaroo Idol

Auditions are well underway for this event with the finals taking place on Tuesday 6 December at 9:00am in the Lone Pine Hall. I am looking forward to seeing our students perform.

Twilight Markets

This was once again a great success with great community participation. Congratulations to our P&C for a wonderful evening.

A Message of Sympathy

As most of you have probably already heard, we have lost a member of our school community this past Sunday. Caleb's mother Belinda, was tragically killed in a horse riding accident and our sincere condolences to Davin and his family.

There is a "Ride-For-Belinda" being organised on Sunday 18 December at 7:15am (more details to follow).

You can show your support for the family by riding/walking to help raise safety awareness.

" Let us never be betrayed into saying we have finished our education; because that would mean we had stopped growing."
Julie H Gulliver

P-2 ROUND UP

Prep Jacobs Well Excursion

The Preps ventured out on their first ever school excursion during Week 7 and what an adventure they all had. The students had been learning about special places and the need to care for them. They had been investigating animal habitats and life cycles. Jacobs Well was the perfect outdoor learning environment to explore and investigate. Students waded through a freshwater pond searching for tadpoles, nymphs and other freshwater invertebrates. They then used magnifying glasses and a microscope to further examine their collected species. At the mangroves, the students explored and investigated why mangroves were so important to marine life and searched for crabs, fish and shrimp. With the Super Moon upon us, the morning tides were the highest they have been all year.

Thank you to all the Prep teachers, teacher aides and parent helpers for their support on this fabulous excursion





What's new in Year Two

It's nearly Christmas time and the Year Two children are keen to collect as many items as they can for their Christmas Hampers. This is a tradition at Windaroo State School where our children and families have the opportunity to help others in our community by donating non perishable items towards a class hamper. The community group 'Uniting Care: Intensive Family Support', will then distribute to those in need in our Windaroo community.

WHAT ITEMS CAN WE ADD TO OUR HAMPER?

- Pull Ring Tins of: ham, corn beef, salmon, tuna, fruit, vegetables (asparagus, peas, carrots, instant potato mash etc.)
- Decorations to make the Christmas table special (paper plates, cups, table cloths, Christmas crackers/bonbons, plastic cutlery etc.)
- Special sweet biscuits (shortbread), cakes, jellies, fruit mince pies, rocky road, custard powder, Christmas puddings, Christmas cakes etc.
- Drinks (cordial, soft drinks, apple cider, juices)
- Crackers, pretzels, chips, nuts, popcorn, lollies

FROM THE 3,4 DEPUTY PRINCIPAL

POSITIVE SUPPORT

Helping children avoid depression



What do we want to be teaching and reminding our children?

- Help your child maintain accurate, not overly negative, beliefs about himself, the world, and other people. Guide your child to reframe overly negative beliefs to be more specific and realistic. For example, a child who says “I can never do anything right” can be guided to reframe that statement to “I did poorly on my history test, but I made the basketball team and got an A on my geometry test.” Or a child who says “Teachers are so mean” can be guided to reframe that statement to “My art teacher told me I had to finish my project by Monday.” I call this skill “reining in your thoughts.” In therapy, sometimes kids do “thought journals,” but parents can casually interject these reminders whenever applicable.
- Remind your child and guide your child to see for himself that setbacks and failures are temporary. For example, if your child is frustrated with the fact that she needs extra help with long division (“I’ll *never* learn this!”), remind her that soon she will have the skill mastered and her annoyance will be a distant memory. Remind her that she felt similarly when learning to ride a bike.
- Remind your child and guide your child to see that setbacks are specific to a time and a place, not applicable to every aspect of his or her life. For example, if your teenager says, “I am worthless, and no one will want to go out with me” when the girl said “no” to a date, guide him to understand that this particular girl said no, but this doesn’t mean no girl will ever want to date him.
- Remind your child and guide your child to see the circumstantial factors that contribute to setbacks. If your child thinks that no one likes him since only three kids came to his birthday party, remind him that it is summertime and many families are on vacation and busy with other obligations.
- Research suggests that teaching children to think and problem-solve a certain way works to decrease the likelihood that children will become depressed. A team of psychologists developed an innovative school-based program which basically taught children how to be optimistic. Specifically, children learned to identify the negative beliefs they hold about themselves, others and the world, and then learn how to replace their pessimistic beliefs with more positive ones. It was much like a preventative form of cognitive behavioural therapy.
- Children also learned to view failures and setbacks as temporary, instead of permanent; as specific to a time and place, instead of general; and as due to circumstances, rather than due to personal defects. For example, children were taught that one bad grade doesn’t make them stupid; it means they have to study harder for the next test.

Some years ago a parent in our school generously offered to support our students by training myself and our KIC teacher aide, Angela Strong in her program, **Mindsets for Kids**. This has been implemented for many groups of our students who were at some point in their lives needing emotional support and resilience skills. Hence, we have included the following summary of the current program. Unfortunately we were unable to provide a suitable after school venue, however it will be run from the Beenleigh Community Centre in 2017.

Healthy Mindsets for Super Kids

Resilience program

Back in 2017 !

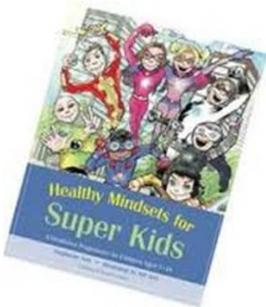
Healthy Mindsets for Super Kids is a resilience program for children aged 9-14 published by Jessica Kingsley Publishing (JKP) in the UK (2012). The program is designed to develop resilience skills in kids who do not need therapy but could benefit from resilience skills. It is spaced over ten modules (which include a lesson, activities and worksheets) over the school terms. Some of the sessions include:

- Positive self-image
- Communication skills
- Assertiveness training and social skills
- Positive thinking
- Grief and Loss
- Healthy bodies in Healthy Minds
- Anger and Frustration management
- Anxiety and Stress management

The cost of the program is funded by Medicare with a GP referral under Better Access for Mental Health. For parents who do not wish to access the program via Medicare, the cost is \$150 per child for the whole program and covers insurance, resources and admin costs as well as a copy of the Healthy Mindsets for Super Kids book for mum and/or dad.

For more information or to apply for your child to participate in the 2017 intake of the Healthy Mindsets for Super Kids, please contact Stephanie Azri on 0403774459 or via her website

www.stephanieazri.com



GENEROSITY

At this time of the year we are often overwhelmed by the emphasis on materialism.



We may be asked to donate to a number of causes and feel that it is never ending. At Windaroo State

School we are very appreciative of the generosity of our families when asked to 'give'. We are also aware that for some families it is a choice of necessity to choose what and if contributions can be made.

We have chosen **generosity** as our Virtue to promote in the last few weeks of school. Many of you have already been most generous in your gifts for our Grandparents morning tea, Twilight Markets and our Christmas Hampers (featured in last fortnight's newsletter). We also acknowledge all of our parent helpers who give freely of their time.

Generosity is giving and sharing of our time, friendship and belongings.

FROM THE 5 & 6 DEPUTY PRINCIPAL

YEAR SIX GRADUATION

The Year Six **Graduation Ceremony** is being held at the **Beenleigh Events Centre** on **Monday 5 December 2016**.

Students who have paid for the Graduation will receive two tickets for their Parent and Carers prior to the event. These tickets will be needed to gain entry into the Beenleigh Events Centre.

The program is as follows:

5:15pm	Students arrive
5:45pm	Dinner for students only
7:00pm	Graduation Ceremony starts – parents welcome – 2 seats per student
9:00pm	Evening finished

As it is a special event, students are requested to wear smart casual clothing.

Girls - a dress, skirt/top, pants/top – no hipster, midriff or strapless

- longer length is fine, just not too short!

- shoes of suitable height for walking up/down stairs, flat is good

- make-up suitable for age appropriate

Boys - long trousers and collared shirt – no jeans, shorts or cargo pants

- closed in shoes – casual

We look forward to seeing you at this very special occasion as we celebrate the end of our Year 6 students' primary school years.

FROM THE P&C

Christmas Carols Concert - BBQ and Glow

This is the last event for the year!! The Carols are being held on **Thursday 1 December 6pm**.

We need volunteers to help out with selling the glow candles and doing the



BBQ and Drink stand (from 5pm).

If you are able to help out with this please see our post on our Facebook page and comment on what times you are available.

Twilight Markets Wrap Up



Well ... what a night. There are so many people to thank.

To our stallholders, foodies, ride company and the most amazing fireworks company ever... thank you for coming along and being part of markets.

To the P&C team that pulled it all together and to the incredible teachers, aides and admin staff from our school and parent volunteers... you guys ROCK!!

A special mention to Mr C and Mr P - we are SO grateful for all you do to help us make this event awesome. You are greatly appreciated!

To our Local Politicians Laurie, Mark and Bert - thanks for your continued support with not just our markets but our school.

To our Windaroo family what can i say, you guys are amazing! Thank you for supporting our school.

We raise approximately \$9,500 from this event. Well done!!

Contacting the P&C

If you would like to touch base with us or be kept up to date with all things P&C there are a few different ways:

Skoolbag App: We will post events and alerts onto the Skoolbag App to keep you all up to date.

Facebook Page: Search Windaroo State School P&C on Facebook. This will keep you up to date with information on the P&C and Uniform Shop and other important school news.

Email: Need to contact us? Email us at windarooPCA@outlook.com

or if you have a fundraising enquiry email to windarooopcafundraising@outlook.com

TECH TALK

Report Cards

Report Cards will be emailed out on Wednesday 7 December. Please check your

Inbox (and Junk Mail too) to ensure that you have it.

Make sure that if you have changed your email address during Term 4, you have notified the office to update your details.

QParents App is here

As per our previous newsletter announcements, we will be emailing the "Invitation Codes" this week.

Please follow the instructions and use the CODE to register for Windaroo State School.

Please have a read through the information attached.

SUBWAY Lunch Day

Subway Lunch Day is on Tuesday 29 November if you would like to participate.

Order forms went home early this week. These are due back by Friday 25 November so orders can be collated and placed.

Classroom Moves For 2017

Due to the continued increase in enrolments in our school, it has become necessary to bring unused classrooms back into use. We will also be endeavouring to cluster our year levels in the same area. This will obviously require class movement within our school.

Our teachers are preparing for the move by sorting through resources and will soon be reorganising their rooms where necessary. This reorganisation will not, in any way, interrupt the teaching and learning of our students.

We have begun physically moving some of the classes to their respective locations already.

Thank you for your patience and please do not hesitate to contact the office or the classroom teacher for any assistance.

MERIT AWARDS

Junior Assembly 14 Nov - Senior Assembly - 21 Nov



Well done to all these students for working hard in class!

You should be very proud of your efforts because we sure are!

PA	Alexander	Cameron	1A	Madeleine	Lucy	2B	Sapphire	Willow
PC	Stella	Summa	1C	Tehlia	Alusine	2H	Tanika	Jayda
PJ	Excursion	Excursion	1DM	Samuel	Saphire	2K	Sarah	Jack
PK	Trinity	Charlotte	1G	Nico	Sophie	2L	Arini	Zahid
PN	Excursion	Excursion	1M	Arabella	Eevah	2SR	Tyler	Dylan
PW	Taylor	Max	1W	Chad	Rylee	2WA	Meela	Alec

3A	Hudson	Alex	4C	Madeline	Dakota	5B	Eden	Jack	6C	Greene	Wyatt
3B	Summa	Jayden	4GH	Chelsea	Joseph	5I	Daniel D	Selena	6F	Caleb	Billie
3D	Cooper	Aneika	4H	Cadence	Braeden	5R	Anthony	Alla	6NW	Ihaka	Abbey
3O	Ethan	Jhett	4S	Isabella	Kaleb	5V	Marlee	Tahlia	6P	Takita	Marcus
3S	Sophie	Kaden	4ST	My	Isabella				6W	Faith	Lilly
3T	Koen	Nikisha									

VALUES TOKENS

Congratulations to these wonderful children displaying terrific morals and values.



We are very proud of you!

Jnr Assembly - 14 November

PC	Sam	PC	Finau	PW	Mia
PW	Nevaeh	1A	Haylo	1DM	Cooper
1DM	McKenzie	1G	Neva-Rose	1W	Lilly
2B	Lucas	2B	Sam		

Senior Assembly - 21 November

3A	Allahna	3O	Monique	3S	Trinity
4C	Chloe	4H	Cadence	4ST	Zoe
5R	Emily H	5R	Josiah	5V	Evelyn
6F	Deezle	6F	Anton	6NW	Hannah Mc

COMMUNITY NEWS

CASA Holiday Art Classes

Logan West Community ArtShare Alliance Inc

ART & POTTERY STUDIOS *Under the Wineglass Water Tower*
Orr Court, HILLCREST

Conditions for Registration & Attendance

- Registration forms for children MUST be signed by parent or guardian when they are dropped off.
- Children under 15 years to be signed in and out by a parent or guardian.
- Parents are welcome to stay and assist their children AND enrol if they wish.
- Workshop Registrations and Fees where applicable are to be paid in full prior to the workshops so final numbers are known. Please ring if alternative arrangements are required.
- The organizers reserve the right to limit class sizes and cancel the workshop if minimum enrolments are not reached 2 days prior to workshop commencement.
- If a workshop has to be cancelled, all fees paid for that workshop will be refunded or you may transfer to another workshop.
- Due to WH&S Regulations, **Footwear MUST be worn** (Covered for Glass)
- Wear old clothing or bring an apron (we have CASA aprons available)
- Bring own cup (and refreshments / light snacks) for tea break
- Cordial for children and Hot water for tea / coffee for parent participants will be available. **Soft drinks and poppers are available for purchase.**

Please ring STEVEN WATSON to Book in 0420 985 527
With NAME, AGE, ADDRESS, CONTACT DETAILS (Phone & Email)
and CHOSEN WORKSHOP/S

ALL BOOKINGS & Payments must be made in advance to secure a place
PAYMENT TO BSB 114-879 Account 48695 1809

Forward details of participant and classes and transfer receipt to
artshare@optusnet.com.au or PO Box 1032 Browns Plains 4118

BOOKINGS

Steven Watson 0420 985 527
Email: artshare@optusnet.com.au
Rob Tindale 0421 874 225

ENQUIRIES

Sherry Austin 0412 332 535
Website: www.lwcasa.org

"Jump right in and have a Go"

Logan West Community ArtShare Alliance Inc JANUARY 2017 Holiday Activities



**Logan City Council KRANK,
CASA OPEN
&
Young
Artists
Program**

WITH WORKSHOPS FOR ALL AGES

**CLAY HAND BUILDING,
CERAMICS,
GLASS
ART PAINTING**

**LIMITS ON CLASS SIZES
BOOK EARLY**

Exercise your creativity & Imagination



Beenleigh Swimming Club

Beenleigh Swimming Club is held every Wednesday evening at 6pm during school term until April.



Our swimming club nights are not about winning races but about having fun and improving on your personal time. A BBQ is available for purchase each swim night so you don't have to worry about cooking dinner.

Come and join us for some fun and fitness with friends.

Join us any Wednesday night for a free trial.

For more information contact Ryan Clarke

0419 477 717.